



Rotisserie Chicken Repurposed - Tortilla Soup

Here's another way to repurpose that quick and easy rotisserie chicken into a dinner that everyone will enjoy, and you can have it on the table in less than 15 minutes.

Ingredients:

- 32 ounces chicken stock (I use Costco brand)
- 2 Tablespoons chili powder
- 1 14 ounce can diced tomatoes with green chiles (or a can of diced tomatoes and a tiny can of diced green chiles)
- 12 ounces cooked chicken (I like chopping it or you can shred it)

Directions:

1. Add all ingredients to a large pot and heat thoroughly
2. Serve topped with shredded cheese, a dollop of Plain Greek yogurt, chopped cilantro, a wedge of lime, chopped avocado, or toasted corn tortilla strips. (don't forget to count the calories/protein in your add-ons)

Nutrition: Makes 4 servings each with approximately

- **154 calories and**
- **27 grams protein**